

SCHNOZZLE[®]

NASAL IRRIGATION - INSTRUCTIONS FOR USE

Please read all of the instructions and contraindications prior to using the devices. Use sterile saline or saline prepared from distilled water. Attach securely to a syringe.



Over 3 years old to Adults: Use 30 to 60ml while leaning over a sink or basin; or, if necessary, position on their side in bed or on an examination table. Create a seal. Take a deep breath. Hold it. Flush steadily over about 4-5 seconds. Repeat on 2nd side. CAUTION: Do NOT use if there are swallowing difficulties, craniofacial abnormalities, cardiac issues or other medical issues of concern. Non-Sterile. For Single Use Only. Stop immediately if there is an obstruction, dizziness, pain, cough, or if gagging occurs.



For Babies & Infants: ALWAYS have suction available, for example a bulb suction. ALWAYS turn small children on to their side (i.e. do not use the supine position). Under 3 months use $\leq 5\text{ml}$ per flush; Over 3 months use $\leq 10\text{ml}$ per flush. Create a seal. Flush the child's upper nostril quickly and gently over about 3 seconds. Deliver fluid to child's nose in a single, quick, steady continuous flush to trigger closure of the soft palate (i.e. before the child inhales) to prevent flow into the oropharynx. Suction the nose and mouth as needed. Roll the child to the opposite side & repeat.

Visit our website for additional information including drawings and how-to videos for treating kids & adults.

Watch the videos to see how to safely irrigate out nasal foreign bodies from by flushing from behind through the contralateral nostril:

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Patient Care Uses:

- Pediatrics
- Pre-Op
- Pre-Sedation
- Respiratory Therapy
- Emergency Department
- Inpatient Ward
- Acute URIs
- Bronchiolitis
- Foreign Bodies

- ENT Therapy
- Self Care
- Long Term Care
- Maintenance

Patented & Patent Pending



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